

Linking patients' goals and priorities to recommendations for medication changes

Outcomes from a feasibility trial of a polypharmacy-focused structured clinical pathway



- ➔ Polypharmacy (taking 5 or more medications) in older adults is linked to lower quality of life.
- ➔ Traditional methods of deprescribing often do not take patient preferences into consideration.
- ➔ The TAPER pathway asks patients to list their goals & priorities for treatment to guide conversations about medication use.



Out of 154 medication recommendations, 44% mapped to the individual's goals and priorities.

Integrating patient input through structured processes aligns medication decisions with patient goals and priorities, promoting a patient-centered approach to polypharmacy.